

Does Metal Allergy to Total Knee Arthroplasty Components Exist?

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Response/Recommendation:

Metal hypersensitivity around total knee arthroplasty has been documented in various case reports and cohort studies. Most patients reporting metal allergy have well-functioning implants, and failure due to metal allergy is a very rare occurrence. Routine testing for metal allergy is not recommended, and a positive test does not correlate well with implant failure. Considering the available clinical evidence, while hypersensitivity-related complications after total joint arthroplasty likely exist, revision surgery for metal hypersensitivity is not recommended, and should be considered only as the last rule-out diagnosis.

Level of Evidence: Moderate

Rationale:

Implant-related metal hypersensitivity reactions have been reported in various case reports and cohort studies. Type IV or delayed type hypersensitivity is considered to be T-lymphocyte mediated which could lead to complications such as osteolysis and endoprosthetic loosening [1]. The skin patch test (SPT) is considered the gold standard test to evaluate type IV hypersensitivity [2].

The incidence of metal allergy based on positive SPTs was reported to be around 10 to 20% in the general population [3]. The exact extent of the prevalence of metal hypersensitivity to metallic orthopaedic implants is difficult to define given its complicated presentation and diagnosis. Studies evaluating metal hypersensitivity in patients who underwent total joint arthroplasties reported a wide range of prevalence among different populations ranging from 15 to 54% [4-12]. The pooled incidence of positive SPT to metals reported in the nine studies evaluating metal hypersensitivity in patients who underwent total joint arthroplasties indicated a prevalence of 25% (**Figure 1**). The nine studies had high heterogeneity ($I^2=91\%$, $p\text{-value}<0.01$).

It should be considered that metal sensitization is reported in around 20% of the general population and not all the cases with positive SPTs should be attributed to the metal implants used in orthopaedic surgeries.

We performed an extensive literature review and systematic review. Among the studies evaluated, five reported the incidence of metal allergy among those who were suspected of having metal allergy based on previous cutaneous reactions to jewelry or bracelets [13-17]. The pooled incidence of metal allergy was higher in this high-risk group and was found to be around 39 % (**Figure 2**). A study by Nam et. al. demonstrated that the use of a specific question about the presence of metal allergy before the surgery could reveal many patients susceptible to metal allergies [18]. However, there is no evidence to support conducting further allergy testing in these patients.

Meta analysis of the studies that reported the prevalence of metal allergy among patients who were symptomatic after total joint arthroplasties, demonstrated a pooled prevalence of 28% (Figure 3). The six studies included in this analysis demonstrated high heterogeneity ($I^2=94\%$, $p\text{-value}<0.01$) and reported prevalence was within the range of 13-45 % [9, 10, 15, 19-21]. Similarly, in a meta-analysis by Granchi et. al. it was found that the rate of metal hypersensitivity was higher among patients who had failed total joint replacements [22].

In studies evaluating the cause of revision cases of total joint arthroplasties, it was found that metal allergy accounted for around 0.6 – 1 % of the revisions [23, 24]. Also, a study was conducted by Bravo et. al. to evaluate whether the presence of metal allergy and positive SPT affect the failure rate of total joint arthroplasties or the postoperative complications of these surgeries [25]. They found that the revision rate and postoperative complications were not significantly different between the patients with positive or negative SPTs [25].

Although the incidence rate of metal hypersensitivity is higher among the patients who underwent total joint arthroplasties, these allergies are not necessarily associated with implant failure. Since there are reports of patients who tolerated the metal implants regardless of the presence of metal hypersensitivity, a general metal allergy screening is not recommended [26].

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Figures

Figure 1 Prevalence of Metal Allergy Among Patients Who Underwent Total Joint Arthroplasty

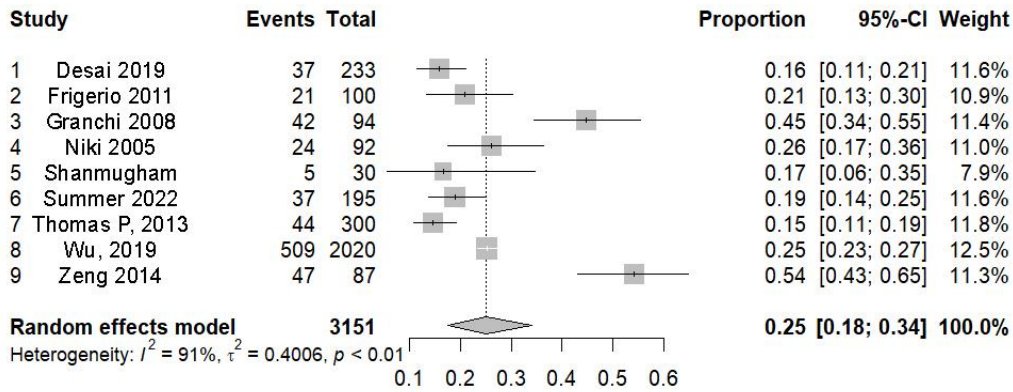


Figure 2 Prevalence of Metal Allergy Among Patients Who Were suspected to have metal allergy and Underwent Total Joint Arthroplasty

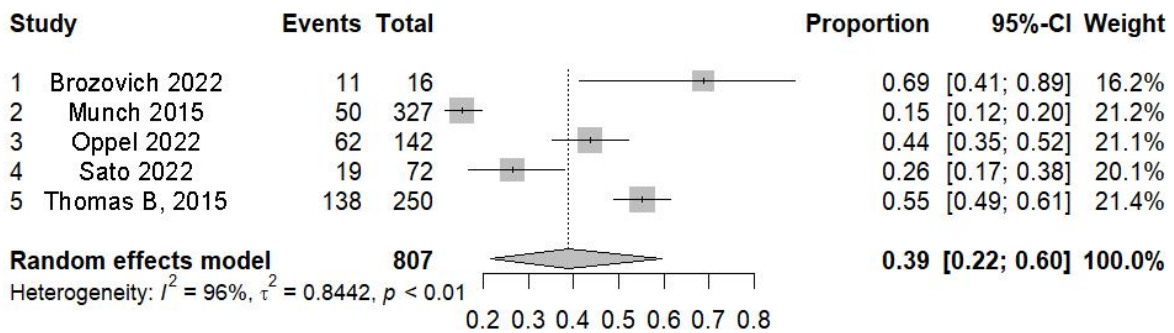


Figure 3 Prevalence of Metal Allergy Among Patients Who Were Symptomatic after Total Joint Arthroplasty

